FOCUS ON VISION

by Dr. Mark Skowron

KEEPING AN EYE ON THE ELDERLY

Elderly individuals may sometimes forget or dismiss the need for regular eye examinations, in which case family members should remind them. This recommendation is especially important for older individuals who have lost their independence or live in institutionalized settings. According to one study, one in three nursing home residents with Alzheimer's disease is not getting his or her vision corrected. As a result, dementia patients, in particular, miss out on much-needed stimulation, such as the ability to see the television clearly, read, or interact with others socially. Without these interactions, older adults may be heading for increased and unnecessary isolation, eventually becoming so sensory deprived they are virtually shut off from the outside world.

Many eye diseases have no early symptoms. They may develop painlessly, and you may not notice the changes to your vision until the condition is quite advanced. Wise lifestyle choices, regular eye exams, and early detection of disease can significantly improve your chances of maintaining good eye health and vision. Whether it's a routine, medical, or even pediatric examination, everyone can find the care they need here at SKOWRON EYE CARE. To schedule an appointment, please call us today. At Skowron Eye Care, our mission is your vision.

P.S. About one person in three has some form of vision-reducing eye disease by the age of 65.

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